

# Swillington Community Supported Agriculture

at Swillington Organic Farm

Garden Cottage, Coach Road, Swillington, LS26 8QA

swillingtoncsa@googlemail.com

## What is CSA?

**'A partnership between farmers and consumers where the responsibilities and rewards of farming are shared.'**

## How it works

1. You pay an annual fee for a share of the harvest and receive a weekly box of organic produce during the growing season. This is paid either annually or by monthly instalments.
2. Farm costs (seeds, wages, materials, etc.) are paid for from the shares.
3. Any surplus funds are re-invested, either into new equipment, or to restoring the walled garden.
4. Members are encouraged, but not obliged, to help grow the vegetables. The garden will be open two days a week for members to come down and learn gardening techniques. This is a fun and good way to contribute and to meet people with similar interests. We will also have social events to mark the seasons and harvest.
5. There will be an AGM and regular newsletters.
6. The scheme is run by a committee with 2 permanent members (Jo and Ian) and others who will be elected from the membership on an annual basis.

## Why a CSA at Swillington?

- ✓ To produce fresh, organic seasonal vegetables and fruit
- ✓ Make full use of the walled garden
- ✓ Guarantee an income for a full-time gardener – this financial security improves business planning and provides time to concentrate on farming
- ✓ Enable the farm to expand into vegetable production and reduce buying in from elsewhere
- ✓ Bring you into a direct relationship with the land where your food is grown, through Jo, the farmer and Ian, the grower

## Why would you want to be a member?

- ✓ To support your local farm
- ✓ To buy locally-grown organic food (zero food miles)
- ✓ Connect closely to the production of your own food, following the rhythms of the seasons
- ✓ Learn how your food is grown, through a hands-on approach
- ✓ Enjoy a sense of community
- ✓ Experience improved health through better diet, physical work, socialising and spending time in the countryside

	1 SHARE	½ SHARE
Prepay	£614	£372
Quarterly standing order	£645 (£161.25/qt)	£391 (£97.75/qt)
Monthly Standing order	£664 (£55.33/mth)	£402 (£33.50/mth)

**Come and see the garden, Fridays 12-6pm and Saturdays 12-4pm or call  
Kirstin on 07947 715 715 for more details.**

**SHARES SELLING FAST – GET INVOLVED NOW!!!!!!**