

KNOW MORE ABOUT THE FOOD YOU EAT



Swillington Garden Growers

Join the Swillington Garden Growers group and benefit from fresh, seasonal produce direct from the farm every week of the year.

This is food that you help grow. The historic walled garden is run with the help of our members; we have regular volunteer days where you can learn to sow, plant and harvest many different fruits and vegetables.

There's a 'Veg Vote' where you can choose what we grow; giving you the chance to try vegetables and salads that you won't find in the supermarket.

We call this Community Supported Agriculture and we believe its a more sustainable and responsible way to grow great local food.

What Do You Get?

- ✓ A weekly share of fresh, local and organic fruit and veg
- ✓ Environmentally friendly produce with zero food miles
- ✓ A direct relationship with a local farm
- ✓ A place to grow and learn about the food you eat

Interested?

Visit: swillingtonorganicfarm.co.uk

Email: garden@swillingtonorganicfarm.co.uk

Tweet: [@swillingtoncsa](https://twitter.com/swillingtoncsa)

Or call in at the farm on a Friday or Saturday

Swillington Garden Growers, Garden Cottage, Coach Road, Swillington, LS26 8QA



SIGN UP TODAY AND TAKE HOME YOUR FIRST SHARE STRAIGHT AWAY

“ I've been a member of the scheme for over a year. It's a great way to enjoy local organic produce and to try new food. The team are really friendly and always happy to give advice.

The farm is excellent for children to learn about animals and how food grows; I can't wait for my little girl to be old enough to take part and run around.” *Lisa - Current Member*

Subscription Form

Name: _____ Phone: _____

Address: _____

Email: _____

Subscription Prices:

Subscription starts from less than £7.50 a week when you prepay

	Prepay	Quarterly	Monthly
Full Share	£640	£167.74	£57.49
Half Share	£385	£100.99	£34.58

Payment Method:

- Full Share Prepay Full Share Quarterly S.O Full Share Monthly S.O
 Half Share Prepay Half Share Quarterly S.O. Half Share Monthly S.O.

Prepay:

- PREPAY by debit/credit card or cheque (payable to Swillington Garden Growers)

Standing Order:

BANK DETAILS FOR A STANDING ORDER (please give to your bank)

Name of our Account: Swillington Garden Growers

Address of our bank: Triodos NV, Brunel House, 11 The Promenade, BRISTOL, BS8 3NN

Account number: 20089031 Sort code: 16 - 58 - 10

Please make your standing order payable on or before the 7th of each month

from _____ to _____

- Please tick and return to us if setting up standing order via your internet banking facility

Please accept me as a subscriber to Swillington Garden Growers for 1 year. I accept that I CANNOT CANCEL MY SUBSCRIPTION IN THE FIRST YEAR, although I reserve the right to transfer it to someone else at any time. I understand that regardless of whether I pick up my share, I will not be entitled to any kind of refund on my subscription and that I remain liable for any part of that subscription which remains unpaid at the end of my subscription year.

Signed: _____ Date: _____